

DEPASS "Determinants of Physical Activity in Settings" Network Meeting

Faculty of Sport, Rua Dr. Placido Costa, 91.
University of Porto, Porto

May 4th & 5th 2022



Draft Network Meeting Master Agenda

Open meeting: All the DEPASS Network Meeting attendees are invited to participate and contribute in **most sessions** of the meeting. **A single exception** exists and that is the "DEPASS Implementation Group Meeting" on Thursday morning May 5th. This meeting is for the DEPASS Core Group Board and WG & Deliverables leaders. All attendees are encouraged to participate in the DEPASS Policy Translation & Sustainability Meeting and the Management Committee (MC) Meeting on Thursday May 5th, your contribution and ideas are required. DEPASS MC members only can vote at the MC Meeting.

Pages 1-3 illustrates the master agenda for the Network meeting. The subsequent pages provides additional detail regarding the agenda for each session.

Day 1

OVERVIEW

Sessions: 4th May

- WG 2-4 Overview & Interdependency Meetings
- WG 2-4 Deliverable/s Meetings
- WG2-4 Review and Action Plan Meeting
- Evening Reception

Day 2

OVERVIEW

Sessions: 5th May

- DEPASS Policy Translation & Sustainability Meetings
- DEPASS Implementation Group Meeting
- Management Committee Meeting
- Evening Reception



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University of Porto, Porto May 4th & 5th 2022

Wednesday May 4th 2022 - WGs & Deliverables



| Time | Session | Location |
|---------------|--|---|
| 9.15 - 10.00 | WG2-4 Overview and Interdependency Meeting | Auditorium Alberto Amaral |
| 10.00 - 11.00 | WG2 Deliverable/s Meeting WG3 Deliverable/s Meeting WG4 Deliverable/s Meeting | Classroom 4 Classroom 5 Classroom 6 |
| 11.00 - 11.30 | Break | Volleyball Court |
| 11.30 - 13.00 | WG Interdependency Meetings WG2 Deliverable/s Meeting WG3 Deliverable/s Meeting WG4 Deliverable/s Meeting | Small Meeting Room Classroom 4 Classroom 5 Classroom 6 |
| 13.00-14.00 | Lunch | Volleyball Court |
| 14.00 - 15.30 | WG2 Deliverable/s Meeting WG3 Deliverable/s Meeting WG4 Deliverable/s Meeting | Classroom 4 Classroom 5 Classroom 6 |
| 15.30 - 16.00 | Break | Volleyball Court |
| 16.00 - 17.00 | WG 2 Review and Action Plan Meeting WG 3 Review and Action Plan Meeting WG 4 Review and Action Plan Meeting | Classroom 4 Classroom 5 Classroom 6 |
| 18.30 - 21.00 | Evening Reception | Volleyball Court |



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Thursday May 5th 2022 - WGs & Deliverables

| Time | Session | Location |
|---------------|--|---------------------------|
| 9.30 - 11.00 | a) DEPASS Policy Translation & Sustainability Meeting Part 1 | Auditorium Alberto Amaral |
| | b) DEPASS Implementation Group Meeting Part 1 | Classroom 4 |
| 11.00-11.30 | Break | Volleyball Court |
| 11.30 - 12.45 | a) DEPASS Policy Translation & Sustainability Meeting Part 2 | Auditorium Alberto Amaral |
| | b) DEPASS Implementation Group Meeting Part 2 | Classroom 4 |
| 12.45 - 14.00 | Lunch | Volleyball Court |
| 14.00 - 15.30 | a) Management Committee Meeting Part 1 | Auditorium Alberto Amaral |
| | b) WG Level Meetings (TBC) | |
| 15.30 - 16.00 | Break | Volleyball Court |
| 16.00 - 17.15 | a) Management Committee Meeting Part 2 | Auditorium Alberto Amaral |
| | b) WG Level Meetings (TBC) | |
| 18.30 - 21.00 | Evening Reception | Volleyball Court |

Friday May 6th 2022 - Departure



DE-PASS



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Session - Work Groups and Deliverables
Draft Agenda

Wednesday May 4th, 2022 9:15 – 17.00



| Time | Session | Location |
|---------------|--|---|
| 9.15 – 10.00 | WG2-4 Overview and Interdependency Meeting (10 minute presentation from WG2, 3 & 4 Leaders and Q&A) Chair Introduction and welcome i. WG Brief Overview ii. WG Progress (General and Deliverable Update) iii. WG Current Key Tasks & Next Steps iv. WG Key Challenges & Concerns v. WG Interdependency needs Q&A | Auditorium Alberto Amaral |
| | <i>Plenary, Chair</i> <i>Ciaran Mac</i> <i>Donncha</i> | |
| 10.00 – 11.00 | WG2 Deliverable/s Meeting WG3 Deliverable/s Meeting WG4 Deliverable/s Meeting | Classroom 4 Classroom 5 Classroom 6 |
| 11.00 – 11.30 | Break | Volleyball Court |
| 11.30 – 13.00 | WG Interdependency Meetings WG2 Deliverable/s Meeting WG3 Deliverable/s Meeting WG4 Deliverable/s Meeting | Small Meeting Room Classroom 4 Classroom 5 Classroom 6 |
| 13.00-14.00 | Lunch | Volleyball Court |
| 14.00 – 15.30 | WG2 Deliverable/s Meeting WG3 Deliverable/s Meeting WG4 Deliverable/s Meeting | Classroom 4 Classroom 5 Classroom 6 |
| 15.30 – 16.00 | Break | Volleyball Court |
| 16.00 – 17.00 | WG 2 Review and Action Plan Meeting WG 3 Review and Action Plan Meeting WG 4 Review and Action Plan Meeting <i>Key Challenges & Concerns and Scientific Advisory Items must be identified here for discussion at DEPASS Implementation Group meeting on Thursday 5th May</i> | Classroom 4 Classroom 5 Classroom 6 |
| 18.30 – 21.00 | Evening Reception | Volleyball Court |



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Session - DEPASS Policy Translation & Sustainability Meeting Draft Agenda

Thursday May 5th, 2022 9:30 – 12.45 Auditorium Alberto Amaral

Session Aim: The key aim of this session is further engagement of DEPASS and European policy makers and the enactment of the DE-PASS Knowledge Transfer Platform (KTP), with a view to wider Physical Activity Behaviours (PABs) knowledge translation.

A key "Capacity Building" objective of DE-PASS is to establish a Knowledge Transfer Platform (KTP) which will exploit and translate evidence, expertise and potentials regarding the determinants of PABs into user friendly outputs which assist policy makers and practitioners to achieve more effective health promoting settings

Transfer of the knowledge created by DE-PASS will take place as follows:

- 1) Through traditional dissemination routes (website, publications, conferences, blogs etc.) so that stakeholders and the public at large generate new hypothesis, interrogate DE-PASS findings and utilise and implement outputs;
- 2) Through a Knowledge Transfer Platform (KTP) which has both national and Europe wide pathways linking scientists to policy decisions;
- 3) Exploitation of DEPASS outputs through SME partnerships;
- 4) Through the extensive Pan-European network of countries, institutions and participants
- 5) Further integration into the European Research Area (ERA) of researchers with less access and of countries that are less research intensive

9.30 – 11.00 Part 1: Introduction and Keynotes Auditorium Alberto Amaral

- Prof Laura Capranica: "DEPASS KTP - Concept, Principles & Exemplar D2.4"
- Prof Paulo Rocha: "European PA and Sport Strategy, EUPASMOS and DEPASS collaboration and sustainability".
- Prof Catherine Woods: "Can public sector policy implementation, evaluation and benchmarking address the inactivity pandemic? Learnings from the Policy Evaluation Network".
- Prof Mojca Doupona: "Promoting sport and physical activity to EU leaders and policy makers during the Slovenian EU Presidency".

11.00 – 11.30 Break Volleyball Court

11.30 – 12.45 Part 2: Discussion and Open Forum – Key Questions/Challenges

- What are the steps to KTP enactment - what is required from DEPASS members, DEPASS MC members and those involved in PAB policy in Europe
- What are the opportunities, barriers, existing networks/individuals that should be engaged to make the KTP real and then to widen brief to all aspects of PAB
- Support and feasibility of Deliverable 2.4 as exemplar of KTP
- Identification of current and relevant European PA/Sport Strategy and funding opportunities for research and policy implementation - what is the potential and pathways to achieve national and international sustainability of DEPASS and the KTP after the end of the funding period in October 2024.
- What are our Agreed Actions to progress KTP

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Session - DEPASS Policy Translation & Sustainability Meeting
Draft Agenda

Thursday May 5th, 2022 9:30 - 12.45 Auditorium Alberto Amaral



Context - The DEPASS Knowledge Transfer Platform (KTP) Defined

Transfer of the knowledge created by DE-PASS will take place as follows: 1) through traditional dissemination routes (website, publications, conferences, blogs etc.) so that stakeholders and the public at large generate new hypothesis, interrogate DE-PASS findings and utilise and implement outputs; 2) through a Knowledge Transfer Platform (KTP) which has both national and Europe wide pathways linking scientists to policy decisions; 3) exploitation of outputs through SME partnerships; 4) through the extensive Pan-European network of countries, institutions and participants and 5) further integration into the European Research Area (ERA) of researchers with less access and of countries that are less research intensive - through the open and evolving ethos of DE-PASS

A key "Capacity Building" objective of DE-PASS is to establish a Knowledge Transfer Platform (KTP) which will exploit and translate evidence, expertise and potentials regarding the determinants of PABs into user friendly outputs which assist policy makers and practitioners to achieve more effective health promoting settings. The concept of the KTP is central to the Action and is represented as the vehicle/engine by which communication and effective and meaningful translation of existing and new knowledge takes place. The demonstrable KTP within DE-PASS comprises relevant policy makers, networks, organisations and SME partners. Partners in the Action provide direct access to government PABs policy formulation in many COST Countries and the extended network (WHO, HEPA, EPAS) provides access to all COST Countries.

The partnership of multidisciplinary scientists with policy makers, existing networks and organisations and SMEs enacts the KTP and is a significant strength and innovative aspect of DE-PASS, bridging the gap between knowledge generation and its application and translation. A key objective of DE-PASS is to demonstrate an effective template (i.e. the KTP - a network of scientists and policy makers exchanging and translating knowledge) for the efficient translation of quality and convincing knowledge into policy and practice that directly benefits society and provides the best return on investment. This premise of optimal knowledge translation is integral to DE-PASS and cannot be left to chance. An example of a concrete manifestation of the KTP will be the new setting specific European guidelines on how key determinants of PABs can be modified to increase physical activity and how this knowledge can be used in public policies and interventions and the development of an innovative methodology which measures and predicts behaviour and has significant commercial potential.

DE-PASS principles for engaging existing Networks/Policy Makers are outlined below. It is under these principles that specific tasks/roles agreed with existing networks/policy makers will be defined e.g. testing and dissemination of deliverables, engagement with concept mapping exercise, leadership of training school/s etc:

Partnership with policy and decision makers and existing Networks will be a key component of the DE-PASS Knowledge Translation Platform (KTP) which will

- maximise the potential to bridge the gap between knowledge creation and utilisation. This will be achieved in partnership and to the mutual benefit of existing networks and organisations.
- optimise the visibility, impact and reach of DE-PASS deliverables.

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Thursday May 5th, 2022 9:30 - 12.45 Auditorium Alberto Amaral



Context - The DEPASS Knowledge Transfer Platform (KTP) Defined *Continued*

- contribute to developing and hosting a Pan-European research network involving Young Researchers and ECIs and will provide opportunities to such individuals to contribute to leadership roles within existing networking and research and policy initiatives, building capacity for the future and increasing integration into the ERA.
- foster knowledge exchange within and outside of the network and subsequently define and map the future research harmonisation and implementation strategy.
- contribute to the organisation and provision of scientifically rigorous and evidence based Training Schools regarding knowledge exchange; consensus methodologies; measurement of determinants; data linkage, integration, harmonisation and analysis and end user friendly knowledge integration into policy and intervention design.

By gaining the support of existing networks, organisations and stakeholders we will collectively progress the long-term goal of applying to the European Strategy Forum of Research Infrastructures (ESFRI) for membership and recognition of "Physical Activity Behaviours and Health" as a Research Infrastructure (RI).

Keynote Speakers

Prof Laura Capranica

University of Rome Foro Italico, Rome, Italy

Email: laura.capranica@uniroma4.it

Keynote: "DEPASS KTP - Concept, Principles & Exemplar D2.4"



Laura Capranica is full Professor of Sport Sciences at the University of Rome Foro Italico, and President of the "European Student as Athlete" (EAS) Network. Prof. Capranica has authored more than 160 scientific papers and has given over 200 lectures and communications at national and international conferences and meetings on the identification of determinants (e.g., social, psychological, biological, organizational, and technical) for sport practice and performance in the lifespan; the development of the knowledge-based tools and resources needed to understand the effects of sports and exercise on human health; and the enhancement of bilateral translational links between laboratory and field evaluations of human and sports performance. Prof. Capranica is co-Chair of the DE-PASS Cost Action.



Prof Paulo Rocha

Faculty of Human Kinetics, Department of Sport & Health, University of Lisbon, Portugal

Email: Paulo.Rocha@ipdj.pt

Keynote: "European PA and Sport Strategy, EUPASMOS and DEPASS collaboration and sustainability".



Paulo Rocha PhD is the Head of Sport for All Division of the Portuguese Institute of Sport and Youth. He is an Invited Professor in the Faculty of Human Kinetics, University of Lisbon. Prof. Rocha is the EU-WHO Health Enhancing Physical Activity (HEPA) Focal Point for Portugal. He the EUPASMOS Project Coordinator (<https://eupasmos.org/>). Prof. Rocha is a Sport EU Share Initiative Member (<https://sport.ec.europa.eu/initiatives/share-initiative>) and was a Sports Working Group Mission Expert for the Portuguese Presidency EU 2021.

Prof Catherine Woods

Department of Physical Education and Sport Sciences. University of Limerick, Ireland.

Email: Catherine.Woods@ul.ie Twitter: [@CatherineBWoods](https://twitter.com/CatherineBWoods)

Keynote: "Can public sector policy implementation, evaluation and benchmarking address the inactivity pandemic? Learnings from the Policy Evaluation Network".



Prof. Woods is Chair in Physical Activity for Health in the Department of Physical Education and Sport Sciences at the University of Limerick (UL). She is a member of UL's Health Research Institute, and Director of the Physical Activity for Health Research Cluster. Prof. Woods' research cuts across the themes of lifestyle, health and technology. She enjoys developing and testing theoretically sound interventions to change population levels of physical activity, and seeks better, more systematic methods of bringing research and policy closer together, using systems approaches to achieve real and sustainable impact (see: www.i-parc.ie and www.jpi-pen.eu). Prof. Woods has led - as Principal or Co-Investigator successful grant applications generating a total income of €14,100,242. Prof. Woods has successfully trained 10 PhD and 6 MSc research students, and currently has one research fellow and three post-doctoral researchers, two research assistants and six PhD students within her physical activity team. This team have published numerous peer-reviewed journal articles and presented at >30 (inter)national conferences.

Prof Mojca Doupona

Ministry of Education, Science and Sport, Slovenia

Email: mojca.doupona@gov.si

Keynote: "Promoting sport and physical activity to EU leaders and policy makers during the Slovenian EU Presidency".



Mojca Doupona is Full Professor of Sport Sociology at the University of Ljubljana and her research area focuses on gender differences in sport, national identity, violence in sport, and dual career of athletes. Acting as Director General for sport at the Slovenian Ministry of Education, Science and Sport, Prof. Doupona coordinates activities and events for the enhancement of active lifestyles and sports participation of Slovenian citizens, and has been responsible for the activities of 2021 Slovenian Presidency of the European Union in sport.



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Session - DEPASS Implementation Group Meeting
Draft Agenda
Thursday May 5th, 2022 9:30 - 12.45 Classroom 4

Part 1: (9.30 - 11.00)

Introduction (25 mins)

- Agenda & Welcome (5 Mins)
- Minutes of previous CGB 5 meeting (accuracy, approval)
- Matters arising and Action Log (10 Mins)
- Chairs Update (update, tasks, next steps, challenges, Q&A, 10 Mins)

WG Deliverables and Interdependency (25 mins)

- WG Interdependency
- Gantt Chart schedule and any changes required

WG Key Challenges and Concerns: One/two key challenges from each WG (40 minutes) *(These may be identified prior to Porto meeting and/or become apparent in Porto during Wednesday May 4th meetings)*

- WG2
- WG3
- WG4

Break: (11.00 - 11.30) Volleyball Court

Part 2: (11.30 - 12.45)

Scientific Advisory - one/two key questions from each WG (30 mins) *(These may be identified prior to Porto meeting and/or become apparent in Porto during Wednesday May 4th meetings)*

- WG2 - Should PA self-report be considered as a correlate of PAB?
- WG3
- WG4

DEPASS Participant Engagement - Ideas and evaluation (15 Mins)

Short Term Scientific Missions and Virtual Mobility Grants (20 Mins)

- WG current and future titles, hosts and potentials

Q & A and Close (10 mins)

- AOB, Q & A & Discussion



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Session - Management Committee Meeting
Draft Agenda

Thursday May 5th, 2022 14:00 – 17.15 Auditorium Alberto Amaral



Part 1 (14.00 – 15.30)

1. Welcome to participants, verification of the quorum and adoption of agenda (10 min)

2. Information to the MC (60 min)

- a) Recap of the minutes of the last meeting, e-votes and matters arising
- b) Chairs/Core Group Report: Update, including delegated decisions
 - i. Action Membership & Participation: New Country, MC and WG members, WG membership
 - ii. COST New Rules
 - iii. Budget status: summary from the Grant Holder.
 - iv. Update from the COST Association (if representative is present)
 - v. Implementation of the COST Excellence and Inclusiveness Policy (Grant Awarding)
 - vi. Progress on MoU Objectives and Goals for the current GP
 - vii. Draft plan for GAP 3
 - viii. Approvals, Mandates and MC Decisions
 - ix. Brief Q & A

3. Update Science Communication Plan (20 min)

Communication, Dissemination and Exploitation (CDE) Plan Report

- i. CDE Overview,
- ii. CDE Progress,
- iii. CDE Current Key Tasks & Next Steps,
- iv. CDE Key Challenges & Concerns
- v. Brief Q & A

Break: (15.30 – 16.00) Volleyball Court

Part 2 (16.00 – 17.15)

4. Update WGs and Active Deliverables (45 min)

- i. WG Overview
- ii. WG Progress (General and Deliverable Update)
- iii. WG Current Key Tasks & Next Steps
- iv. WG Key Challenges & Concerns
- v. Pathways to Participation

5. Open Forum, Q & A (20 min)

6. Closing, AOB, Conclusion and Summary of MC decisions (10 min)